

# The Rock School 2022 Summer Ballet Intensive

## Packing List

PLEASE LABEL ALL YOUR BELONGINGS, INCLUDING BALLET  
SLIPPERS AND POINTE SHOES

### **Dancewear - Ladies**

#### **All ladies are required to arrive with:**

- At least 1 pair of pink or flesh colored ballet slippers in good condition (multiple pairs for dancers enrolled in multiple weeks)
- At least 1 pair of pink or flesh colored pointe shoes in condition (multiple pairs for dancers enrolled in multiple weeks)
- Solid colored leotards (for Saturday classes only)
- Solid black leotards (for Monday-Friday classes)
- Multiple pairs of pink or flesh colored footed tights
- 2 pairs of black leggings, black jazz pants, or black footless tights for contemporary classes (no plastic pants permitted)
- Contemporary shoe of choice

#### **All Level 5 & 6-week ladies are required to arrive with:**

- 1 solid white camisole leotard
- 1 solid black camisole leotard
- 1 solid royal blue camisole leotard
- 1 solid nude camisole leotard
- 1 solid white dance skirt
- 1 solid black dance skirt
- Makeup and hair supplies for Summer Showcase performance

## **Dancewear – Men**

### **All men are required to arrive with:**

- At least 1 pair of black ballet slippers in good condition (multiple pairs for dancers enrolled in multiple weeks)
- At least 1 pair of white ballet slippers in good condition (multiple pairs for dancers enrolled in multiple weeks)
- Multiple solid white t-shirts (Monday-Friday classes)
- 1 solid color colored t-shirt (Saturday classes only)
- Multiple pairs of black footed tights
- 2 pairs of black leggings, black jazz pants, or black footless tights for contemporary classes (no plastic pants permitted)
- Multiple dance belts
- Multiple pairs of black socks
- Multiple pairs of white socks
- Contemporary shoe of choice
- Makeup and hair supplies for Summer Showcase Performance

### **All 5 & 6-week men are required to arrive with:**

- 1 solid black t-shirt
- 1 pair of white footed tights

## **Clothing**

Formal clothing is needed only if you will be attending religious services and/or attending the End of Summer Cruise. Students should bring warm-weather casual clothing.

Don't forget a bathrobe, light jacket or sweatshirt, casual shoes, pajamas, and socks! The Rock School strongly recommends students bring comfortable walking shoes.

## **Other Supplies**

- Toiletries & hygiene supplies (shampoo, soap, deodorant, toothbrush, etc.)
- Roll of 4" medical or athletic tape
- 4" bandages
- Toe pads (ladies)
- Scissors
- Shower caddy (optional)
- Shower sandals (optional)
- Reusable water bottle(s)
- Clothes hangers
- Laundry bag
- Laundry detergent/dryer sheets
- Blanket
- Pillow(s)
- Towels and washcloths
- Twin XL sheets & pillowcases (or order our linens)
- Storage containers for snacks
- Sewing kit
- Stationary & stamps (optional)
- Raincoat & umbrella
- Prepaid card and/or cash for incidental purchases
- Sunscreen
- Trash bags (not provided, but optional)
- Small desk lamp (optional)
- Power strips
- Cell phone and charger
- Alarm clock

### **All 6-week students should bring:**

- Makeup supplies for stage makeup
- Hair supplies for performance (spray, gel, net, etc.)

## **Dance Bag Packing List - Ladies**

- 2 clean leotards
- 2 pairs of tights
- First aid for feet (toe pads, tape, bandages)
- Safety pins
- Sewing kit
- Extra hair supplies (elastics, bobby pins, etc.)
- Yoga mat

## **Dance Bag Packing List - Men**

- 2 clean dance shirts
- 2 pairs of tights or shorts
- First aid for feet (tape, bandages)
- Safety pins
- Sewing kit
- Yoga mat

